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September @ Hamlets



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 Friday: DJ Rayz Saturday: DJ Niall
 Sunday: 96fm's DJ Ken Perrott
- PIZZA & WINE NIGHTS
 Delicious pizza & a bottle of wine for only €20
 Available Sunday to Thursday from 6pm
- ALL YOUR FAVOURITE CRAFT BEERS
 and a great selection of beers on draft
 including Heineken, Carlsberg, Budweiser, Peroni,
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info@hamletsofkinsale.com 021 4772209 www.hamletsofkinsale.com The Glen, Kinsale, Co. Cork



Friday 12th September
JUG A PUNCH 10pm
Saturday 13th September
FOR FOLK SAKE 10pm
Sunday 14th September
SKELLIG 7pm - 9pm

SKELLIG 7pm - 9pm Wednesday 17th September SKELLIG 9pm - late

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FRI 12th SEPT

SAT 13th SEPT

SUN 14th SEPT

WED 17th SEPT

10.30pm

10.00pm

9.00pm

9.30pm

GDR

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KING K

Piece Rockin Covers

MIKE & KUKY

2 Piece Folk/Rock/Contemporary Cov

2 Piece Folk/Rock/Contemporary Covers

BIG SWINGING MIKEYS

3 Piece Folk/Contemporary Covers

THUR 18th SEPT Piece Folk

2 Piece Folk/Contemporary Covers

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FRI 12th SEPT - DJ MARK

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SAT 13th SEPT - DJ ANTHONY

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

THUR 18th SEPT - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am



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Available daily from noon - 9pm. (Full menu available online)

POPULAR CARVERY

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7 COURSE TAPAS & WINE TASTING MENU

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The 38th Kinsale Gourmet Festival



FRIDAY 10th OCT - 3pm

"Cork Heat" of the All Ireland Chowder Cook Off

(Sponsored by Clona)

Free of charge Actons Hotel

10 of Cork's top chefs will compete to represent the County at the 5th All Ireland Chowder Cook Off 2015

FRIDAY 10th OCT - 6.30pm

Festival Opening with MC Derek Davis

Tickets €55 White Lady Hotel

Champagne Reception sponsored by Laurent Perrier with Canapes from Kinsale Good Food Circle.

Followed by a 5 course Taste of West Cork Dinner in a GFC restaurant of your choice.

SATURDAY 11th OCT - 11.30am

Mad Hatters Taste of Kinsale 50LD OU Tickets €90 Actons Hotel

Join Alice, The Mad Hatter, The March Hare and Dormouse for an escorted food tour around the 10 members of Kinsale's Good Food Circle restaurants who will prepare spectacular dishes bearing testimony to the culinary skills of the chefs of Kinsale. All accompanied by fine wines, beers and water from our gracious festival sponsors, Gleesons, Karwig, Tindal, Christy's Wines & Spirits and Tipperary Water.

SUNDAY 12th OCT - 1pm

Fruits de Mer Luncheon

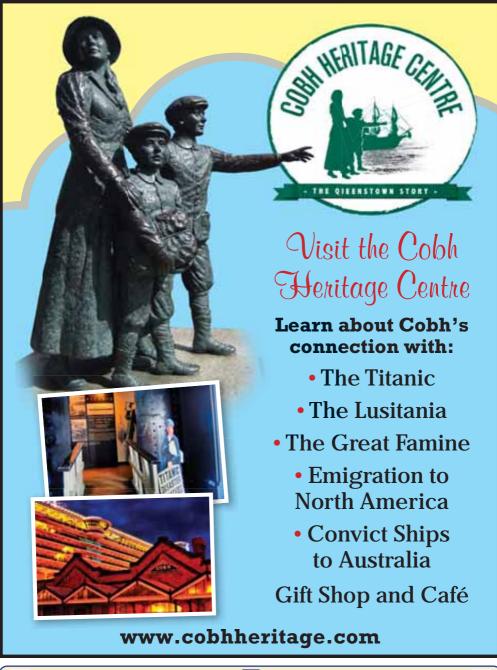
(Sponsored by Pallas Foods and Bewley's)
Tickets €75 Actons Hotel

Take your seat for a superb afternoon with MC Derek Davis. Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines..

Tel: 021 4773571 www.kinsalerestaurants.com www.facebook.com/Good.Food.Circle



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The most common reasons that a tax return may be required are as follows:

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- You have large amounts of savings or investment income
- You have bought/received or sold shares
- You own land or property that is being let
- You have income from overseas
- You have sold or given an asset away (such as a holiday home or some shares)

If you want to make sure you are paying the right amount of tax, you should consult a professional.

At Fitzgerald & Partners Accountants we use Revenue approved software to:

• Complete your tax return • Calculate your tax liability • File the return online Liaise with you on the amounts to be paid and when they are due

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Kevin McSweeney
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We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

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Sunday to Thursday 4pm to 7pm

COBRA TANDOORI KEBAB SPECIALS

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Opening Hours: 4.00pm - 11.30pm, 7 Days A Week

CTONS of Kinsale



SERVING FOOD DAILY IN



12.00pm - 9.00pm

We are looking forward to welcoming all the Shark delegates this weekend, best of luck for the 2014 Festival.



We will be exhibiting at MUNSTER BRIDAL SHOW in Silver Springs Saturday 13th & Sunday 14th Sept

So if you have popped the question over past few weeks we will see you there!

For enquiries or bookings call 021 477 9900 info@actonshotelkinsale.com www.actonshotelkinsale.com







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Pain Management / Rehabilitation / Functional Exercise



Some conditions treated in the clinic:

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- **Problems** Elbow/Wrist
- **Problems Carpal Tunnel** Syndrome
- **Postural Distortions**

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 Soft Tissue Repair **Problems**
- **Knee Pain/Problems**
- Sciatica
- Nerve Entrapment Joint Pain/
- Discomfort Strains/Sprains
- Sports Injuries/ Recovery

- - **Connective Tissue** Repair
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 Muscular Disorders/ Conditions
 - Coordination Development

 - Loss of Balance
 - Stiffness
 - Impaired Mobility
 - **Functional Exercise**

By appointment: Sabine Graef (BEd., SMT, NMPT)

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KINSALE COMMUNITY SCHOOL

Night Classes

EVERYBODY WELCOME

Commencing Monday 29th September 2014 and Wednesday 1st October 2014

Please enrol for classes in advance to avoid cancellation of classes

Enrolment can be made by post, at school office or on enrolment night.

MONDAY NIGHTS

Spanish for Beginners 7pm-9pm Mercedes Garcia	€80	Interior Design 7pm-9pm €80 Valda Rumley (Dip. Interior Design)
Bridge for Beginners 7pm-9pm Anne Fitzsimons	€80	Flower Arranging _{7pm-9pm} €60
Run a 5K in 8 Weeks	€60	Ceramics 7pm-9pm Julian Smith €90
5.30pm-6.30pm and 6.30pm-7.30pm lan Dorgan		Disarming Global Conflict 7pm-9pm €90
Italian for Beginners & Improvers 7pm-9pm Mariagrazia Traverso	€80	Anthony Angelini BSc (Environmental Science) Zoology, M(phil) Int. Peace Studies, UCC Lecturer
Practical Cookery 7pm-9pm Michael Buckley		Herbal Medicine at Home 7pm-9pm €90 Niamh Geoghegan
WEDNESDAY NIGHTS		
Preparation for First Certificate		Computer Course 7pm-9pm €90
in English Exam 7pm-9pm	€80	Marie Scully
Aine Wade		Painting with Acrylics 7pm-9pm €90
Beginners Crochet 7pm-9pm	€80	David Kavanagh BA Fine Art, MA Visual Communication
Hilary Lawrence		Conversational Spanish 7pm-8.30pm €80
Cooking Raw & Improving your		
Diet the Natural Way 7pm-9pm	€90	Pilates to Music 7pm-8.30pm €70

ENROLMENT: Thursday 18th September, 6.30pm-7.15pm

Regina Fruitos

Classes will break for midterm (Mon 27th and Wed 29th Oct).

For further details on Night Classes contact Linda Dreelan: 087 849 1935 Further details on each course may be found on www.kinsalecommunityschool.ie Tel: 021 4773174 info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie



21 www.facebook.com/KinsaleNews



Diet the Natural Way 7pm-9pm

Mariagrazia Traverso





OPTICIANS

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Keeping Kinsale Focused

All children should have a Sight Test before school age.









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Darren Priest (Bandon): 086 810 1795 Email: darrenpriest.ewc@gmail.com

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West Cork

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Guest Accommodation 4 Star AA Guesthouse

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BREAKFAST SERVED 8am - 11.30am

FOOD SERVED 12pm - 10pm Serving Fresh Seafood, Shellfish, Steaks & Lamb Dishes Delivered daily by local producers

~ LIVE MUSIC ~

Friday 12th September PUC AR BUILE

Saturday 13th September BLUE STEEL

Tuesday 16th September LEON BUCKLEY 9pm

Thursday 18th September SHANE & FRIENDS 9pm

~ LIVE SPORTS ~ PREMIERSHIP SOCCER

aturday 13th September, 5.30pm

LIVERPOOL v ASTON VILLA

Sunday 14th September, 4pm

MAN. UNITED v OPR Monday 15th September, 8pm

HULL CITY V WEST HAM

Sky SPORTS AT THE RACES

AA Rosette Award for Culinary Excellence 2006-2013 A Member of the Kinsale Good Food Circle

Your hosts The Frawley Family & Staff



www.whitehousekinsale.ie







KINSALE HOCKEY CLUB

REGISTRATION DAY

Friday 19th September, 3pm-5pm Saile Community Centre

If you can spare one hour per week to help out in this young vibrant club then please call or text Leonietje at 087 1200753

www.kinsalehockeyclub.com

KINSALE MUSIC ACADEMY



YOUTH CHOIR

Thursdays 4.30pm - Kinsale Community School

Ages 8 - 15: Open to anyone with an interest in singing. All aspects of singing are taught and developed in a friendly group setting, covering a wide range of styles.

'LITTLE MAESTRO' BEGINNERS CLASS

Wednesdays 2.30pm - Kinsale Community School

Ages 4-6: A pre-instrumental class which introduces young children to music. A fun, easy approach to learning music interactively through songs and games.



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For more information contact:

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Saturday 13th September
KING K 1pm
THE WATERMELONS 10pm

LUNCH SERVED 7 DAYS 12.30pm to 5pm

EVENINGS - RESTAURANT & BAR FOOD
Tuesdays to Saturdays 6pm to 9pm





NEW PRE-SCHOOL OPENING IN SEPTEMBER



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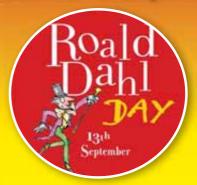
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Kinsale Arts Festival

We would like to welcome all the visitors to Kinsale for Arts Week.

Look forward to meeting you in our shop or at some of the events during the week.



Roald Dahl Day Saturday 13th September

Why not bring your children along for storytime in our shop at 3.00pm



The Irish Times #bestshops2014

We were shortlisted in the bookshop category and would like to thank everyone who voted for us. We would also like to thank you for your continued support.







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Traditional Irish Music & Ballads

Monday, Tuesday & Thursday



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MONDAYS 6.00 - 7.00pm 4-7 years.

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5.30 - 6.30pm 8-12 years.

6.30-7.30pm 12-16 yrs. Youth Theatre

Contact: Ann Marie Lewis 087 975 5764

KINSALE Advertiser

welcomes all visitors and delegates for the Kinsale Sharks Advertising Awards 2014.

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SAVE THE DATE

Sunday 14th September Allen's Bar, Riverstick



PRE-LOVED BAG SALE

Bags (incl. children's bags), Purses All shapes and sizes are very welcome.

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Catherine O'Sullivan 086 2318877
Lia Kelleher 086 0606343 (Allen's Bar)

All proceeds to Kinsale Community Hospital



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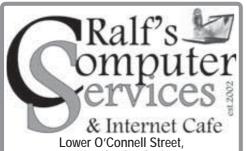
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Saturday 13th September 10.30pm

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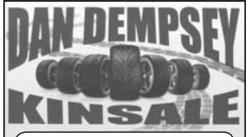
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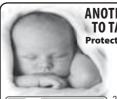
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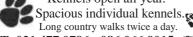
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Would the driver who stopped to assist me at an accident on Friday 29th August, near the Community School, please check your backseat or floor of your car for my handbag and turn it in to the Gardaí.

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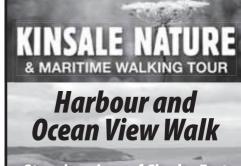
MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.



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5-6pm GREEN LEVEL (10-12yrs) 8wks Wednesdays 4-5pm | 5-6pm YELLOW LEVEL (13+yrs) 8wks

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WHAT'S ON IN KINSALE FRI 12th SEPT - THURS 18th SEPT 2014

FRI 12th SEPTEMBER

ARMADA BAR:

The Ferrymen.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Garth Brooks Tribute.

DON & BARRY'S

HISTORIC STROLL:
The Tourist Office

9.15am, 11.15am.

FOLKHOUSE: GDR, 10.30pm.

HAMLETS: DJ Rayz. HARBOUR CRUISE:

2pm & 3pm.

Departs beyond Actons. HERITAGE TOWN WALKS:

10.30am from the Tourist Office. Also by

appointment.
KINSALE SHARKS:

Advertising Awards. SILENT BANJO:

Leon Buckley, 10.30pm.

SPANIARD: Jua A Punch, 10pm.

WHITE HOUSE: Poc. Ar Buile.

SAT 13th SEPTEMBER

ACTONS:

Exhibiting at Munster Bridal Show in Silver Springs.

ARMADA BAR: Live Music. BACCHUS NIGHTCLUB:

DJ Anthony, 10.30pm. **BLUE HAVEN:**

Cookie & The Vaudevilles. **BULMAN:**

King K, 1pm. The Watermelons, 10pm.

DON & BARRY'S

HISTORIC STROLL: The Tourist Office

9.15am, 11.15am. FOLKHOUSE:

King K, 10pm.

HAMLETS: DJ Niall.
HARBOUR CRUISE:

2pm, 3pm & 4pm. Departs beyond Actons

HERITAGE TOWN WALKS: 10.30am from the

Tourist Office. Also by appointment.

KINSALE BOOKSHOP:

Roald Dahl Day, 3pm.

KINSALE OUTDOOR EDUCATION CENTRE:

Kayak Club resumes.

KINSALE SHARKS:

Advertising Awards. LORD KINGSALE: Kevin McSweenev.

SILENT BANJO:

Cadillac Cats, 10.30pm. SPANIARD:

For Folk Sake, 10pm.

WHARF TAVERN AT THE TRIDENT:

The Easybeats.

WHITE HOUSE:

Blue Steel, 10,30pm.

SUN 14th SEPTEMBER

ACTONS:

Exhibiting at Munster Bridal Show in Silver Springs.

ARMADA BAR: Live Music. BLUE HAVEN:

Darren & Friends.

DON & BARRY'S HISTORIC STROLL:

The Tourist Office, 11.15am.

FOLKHOUSE: Mike & Rory, 9pm.

HAMLETS:

DJ Ken Perrott from 96fm. **HARBOUR CRUISE**:

2pm, 3pm & 4pm. Departs beyond Actons.

HERITAGE TOWN WALKS: 10.30am from the

10.30am from the Tourist Office. Also by appointment.

KINSALE SHARKS:

Advertising Awards.

PRF-LOVED BAG SALE:

PRE-LOVED BAG SALE:

Allen's Bar, Riverstick, 12pm-4pm. In aid of Kinsale Community Hospital. SPANIARD:

Skellig, 7pm - 9pm.

MON 15th SEPTEMBER

ARMADA BAR:

Bobby & Eileen.
BLUE HAVEN: Arundo & Irish

Dancers, 9pm.

DALTONS BAR:

Traditional Irish Music.

DON & BARRY'S

HISTORIC STROLL: The Tourist Office 9.15am, 11.15am, HARBOUR CRUISE: 2pm & 3pm.

Departs beyond Actons.

HERITAGE TOWN WALKS:

10.30am from the Tourist Office. Also by appointment.

KINSALE TENNIS CLUB:

Junior Tennis Group Coaching commences.

TUES 16th SEPTEMBER

ARMADA BAR:

The Merry Stems, 7.30pm. **BLUE HAVEN**:

Sonnie & Friends, 9pm.

DALTONS BAR: Trad.

DON & BARRY'S

HISTORIC STROLL:
The Tourist Office

9.15am. 11.15am.

HARBOUR CRUISE:

2pm & 3pm.

Departs beyond Actons. **HERITAGE TOWN WALKS:**

10.30am from the Tourist Office. Also by appointment.

KINSALE ART ACADEMY:

Children's classes start, every Tuesday for 6 weeks. Age 5-8yrs: 3.30pm.

Age 9+: 4.45pm. KINSALE BRIDGE CLUB:

Trident Hotel, 7.30pm. Visitors welcome.

KINSALE & DOCK

ROWING CLUB: The Dock Slip from 6.30pm. WHITE HOUSE:

Leon Buckley, 9pm.

WED 17th SEPTEMBER

ARMADA BAR:

The Merry Stems, 7.30pm. BLUE HAVEN:
Niall McCabe, 9pm.

DON & BARRY'S HISTORIC STROLL:

The Tourist Office 9.15am, 11.15am. FOLKHOUSE:

Big Swinging Mikeys, 9.30pm.

GRASSROOTS TENNIS:

At Saile Community Centre. 5-7yrs at 3.30pm 8-12yrs at 4.30pm.

HARBOUR CRUISE:

2pm & 3pm.

Departs beyond Actons. **HERITAGE TOWN WALKS:**

10.30am from the Tourist Office. Also by appointment.

KINSALE & DOCK ROWING CLUB:

The Dock Slip from 6.30pm. KINSALE MUSIC ACADEMY:

At Kinsale Community School. Beginners Class. Ages 4-6. 2.30pm. SPANIARD: Skellig, 9pm.

THUR 18th SEPTEMBER

APERITIF:

Tapas and Wine Night, from 6pm.

ARMADA BAR:

The Ferrymen, 8pm.

BACCHUS NIGHTCLUB: DJ Mark, 11.30pm.

BLUE HAVEN: Arundo & Irish

Dancers, 9pm.

COFFEE MORNING:

In aid of Marymount Hospice. 11am-8pm. Anne McCarthy's

Old Head..

DALTONS BAR: Trad. DON & BARRY'S

HISTORIC STROLL:
The Tourist Office

9.15am, 11.15am.

FOLKHOUSE: The SGs, 9.30pm.

HARBOUR CRUISE: 2pm & 3pm.

Departs beyond Actons.

HERITAGE TOWN WALKS: 10.30am from the

Tourist Office. Also by appointment.

KINSALE COMMUNITY

SCHOOL:

Enrolment for Night Classes, 6.30pm - 7.15pm.

KINSALE & DOCK

ROWING CLUB: The Dock Slip from 6.30pm.

KINSALE MUSIC ACADEMY:
At Kinsale Community

School. Youth Choir. Ages 8-15. 4.30pm.

WHITE HOUSE: Shane & Friends, 9pm.







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